# Hasseltse 200m 2026: Session: 2: COACH evaluation sheet for TEAM: ZDKB

**Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!**

**Coaches: Reyskens Sven HEADCOACH**

**PB => Personal Best time** **SB => Seasons Best time: Season starting point: first of September.**

## Event number: 7: 200M FREESTYLE WOMEN 11+ Heat:2, starttime: 14:04

**Heat: 2/12 Lane : 6 Athlete: PLASSCHAERT MARTHA** **Q-time: 99:99:99**

**PB (25m pool):** no time **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | *no time* | | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 7: 200M FREESTYLE WOMEN 11+ Heat:5, starttime: 14:16

**Heat: 5/12 Lane : 2 Athlete: WOLFS LOLA** **Q-time: 02:54:24**

**PB (25m pool):** 02:45.34 Pelt 27/09/2026 **PB (50m pool):** 02:54.24 **SB:** 02:45.34 Pelt 27/09/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:37.13 | | 01:18.71 | | no time | | 02:45.34 |
| | *00:37.13* | | *00:41.58* | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 8: 200M FREESTYLE MEN 11+ Heat:1, starttime: 14:41

**Heat: 1/11 Lane : 5 Athlete: REPRIELS ARTHUR** **Q-time: 99:99:99**

**PB (25m pool):** 02:33.22 3500 Hasselt 24/11/2024 **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:34.59 | | 01:12.92 | | 01:52.98 | | 02:33.22 |
| | *00:34.59* | | *00:38.33* | | *00:40.06* | | *00:40.24* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 2: COACH evaluation sheet for TEAM: ZDKB

## Event number: 8: 200M FREESTYLE MEN 11+ — Heat:3, starttime: 14:50

**Heat: 3/11 Lane : 7 Athlete: HABEX ROBBE** — **Q-time: 03:20:50**

**PB (25m pool):** 03:20.50 Lommel 02/03/2025 **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:40.80 | | 01:32.01 | | 02:27.59 | | 03:20.50 |
| | | *00:40.80* | | *00:51.21* | | *00:55.58* | | *00:52.91* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 8: 200M FREESTYLE MEN 11+ — Heat:4, starttime: 14:54

**Heat: 4/11 Lane : 7 Athlete: ERNOTS JOPPE** — **Q-time: 02:57:63**

**PB (25m pool):** 02:43.88 Pelt 27/09/2026 **PB (50m pool):** 02:56.18 **SB:** 02:43.88 Pelt 27/09/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:35.78 | | 01:18.47 | | no time | | 02:43.88 |
| | | *00:35.78* | | *00:42.69* | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 8: 200M FREESTYLE MEN 11+ — Heat:5, starttime: 14:58

**Heat: 5/11 Lane : 4 Athlete: SWENNEN JARNE** — **Q-time: 02:40:31**

**PB (25m pool):** 02:40.31 3500 Hasselt 23/11/2025 **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:35.47 | | 01:17.28 | | 01:57.56 | | 02:40.31 |
| | | *00:35.47* | | *00:41.81* | | *00:40.28* | | *00:42.75* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 8: 200M FREESTYLE MEN 11+ — Heat:10, starttime: 15:13

**Heat: 10/11 Lane : 5 Athlete: THEUWIS TIJL** — **Q-time: 02:06:65**

**PB (25m pool):** 02:06.65 Bilzen 25/01/2026 **PB (50m pool):** 02:10.13 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:28.35 | | 00:59.77 | | no time | | 02:06.65 |
| | | *00:28.35* | | *00:31.42* | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 2: COACH evaluation sheet for TEAM: ZDKB

## Event number: 11: 200M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 15:53

**Heat: 2/8 Lane : 3 Athlete: PLASSCHAERT MARTHA** — **Q-time: 99:99:99**

**PB (25m pool):** 03:38.45 Sint-Truiden 17/03/2024 **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | 03:38.45 |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 11: 200M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 15:53

**Heat: 2/8 Lane : 6 Athlete: LAPIERRE EMMA** — **Q-time: 99:99:99**

**PB (25m pool):** no time **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | no time | | no time | | no time | | no time |
| | | *no time* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 11: 200M BACKSTROKE WOMEN 11+ — Heat:3, starttime: 15:58

**Heat: 3/8 Lane : 8 Athlete: LELIAERT OLIVIA** — **Q-time: 03:56:02**

**PB (25m pool):** 03:56.02 Beringen 08/02/2026 **PB (50m pool):** no time **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:56.01 | | 01:58.44 | | no time | | 03:56.02 |
| | | *00:56.01* | | *01:02.43* | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:5, starttime: 16:40

**Heat: 5/8 Lane : 4 Athlete: THEUWIS TIJL** — **Q-time: 02:32:66**

**PB (25m pool):** 02:32.66 3500 Hasselt 23/11/2025 **PB (50m pool):** 03:24.54 **SB:** no time

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:36.32 | | 01:15.57 | | 01:55.61 | | 02:32.66 |
| | | *00:36.32* | | *00:39.25* | | *00:40.04* | | *00:37.05* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

# Hasseltse 200m 2026: Session: 2: COACH evaluation sheet for TEAM: ZDKB

**Event number: 12: 200M BACKSTROKE MEN 11+** **Heat:5, starttime: 16:40**

**Heat: 5/8 Lane : 6 Athlete: REPRIELS ARTHUR** **Q-time: 02:36:02**

**PB (25m pool): 02:27.94 Hasselt 04/10/2026** **PB (50m pool):** no time **SB:** 02:27.94 Hasselt 04/10/2026

| | 25M | 50M | 75M | 100 | 125 | 150 | 175 | 200M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:34.13 | | 01:12.21 | | 01:50.56 | | 02:27.94 |
| | | *00:34.13* | | *00:38.08* | | *00:38.35* | | *00:37.38* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback: